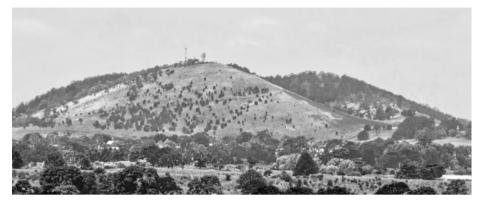
Edition 9 12 December 2018

MT ROUSE NEWS & VIEWS COMMUNITY NEWSLETTER



A Project of the Penshurst Mens Shed Inc

FREE EVERY FORTNIGHT

Editor: Mark Dalla Costa

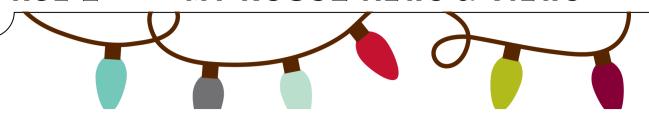
All correspondence to: mtrousenewsletter@gmail.com



We've heard this man has been seen hanging around the town, last known location the Christmas Carols at the Hall. He can be recognised by his great smile and Ho-Ho-Ho laugh. Rumour has it that there may be lollies involved at the Penshurst Christmas Market on Friday 14th December at 5.30pm. See you there!!

DEADLINE FOR SUBMISSIONS - 12th January 2019

From January 16th 2019 the newsletter will appear on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.



Penshurst Christmas Market

Starting at 5.30pm and finishing around 9.00pm
Friday December 14th, 2018
Shopping Centre, Martin Street, Penshurst
Free Lions Barbeque, Music, Carnival Activities,
Bike decorating Competition and
a wonderful variety of Stalls

With thanks to John & Judy Brennan for organizing it again this year

CHRISTMAS LIGHTS COMPETITION

The Christmas Lights competition for the town will be held again this year. All residents and business owners are encouraged to decorate their premises to foster the spirit of Christmas within the community. Advance Penshurst will be providing cash prizes to be awarded to winners following judging which will take place on the 20th December.

First Prize \$100.00 Second Prize \$75.00 Third Prize \$50.00

Winners will be notified on the 21st and results published in the January newsletter.

The Advance Penshurst Association wishes everyone a wonderful Christmas and a Light and Bright New Year.

See you in January.

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Penshurst Mens Shed News

For the Committee of Management of the Penshurst Mens Shed its been a huge year. Since its inception in October 2017, to its registration in January 2018, we have worked diligently to create a venue that is friendly and welcoming. The Committee have a great many people to thank, beginning with the members of the Apex Club who leased us the building; the Southern Grampians Council for all their support, both moral and financial; the Victorian Mens Shed Association and other Mens Sheds across Victoria, for their generous donation of tools, advice and encouragement, and people such as our first President Peter Harwood and his wife Anne, who recently returned to travelling, and Nigel Pyne, who was the originator of this project and is now our current President.

Having the Shed open three and a half days a week very quickly showed us that it was also way too small for the amount of equipment that we wanted to have in our workshops—both wood and metal, and so Mark and Ama applied for the Mens Shed New Build Grant and bemused even the Council when we actually achieved it on the first try.

At the present moment we are awaiting Council approval of the plans for the major extensions to the both the rear - woodworking section, and the covered area at the front, as well as installation of a new disabled amenity and airconditioning (for the ladies - the men are tough!) While the Shed is specifically dedicated to men's health and well-being, we also have a social afternoon, when the guys lounge in armchairs, or disappear into the very crowded workroom, and the ladies play cards or pursue other interesting activities, or just a cuppa. Everyone is welcome.

There have been many projects achieved over the year which we have shared both with this newsletter and the Facebook site, the latest being the bright coloured pencils and renovation of the kid's climbing frame at the Pre - School. This picture shows Nigel accepting a donation from them which will be applied to future projects, such as 'Putting the Shed on Wheels' and taking woodwork projects to share

with the men (and women if they want to) at Kolor Lodge that will be commencing very soon.

The other project that has brought us a great deal of joy is providing this newsletter for the Penshurst & District community. We look forward to continuing it in the new year.

The Shed will be closed for Christmas and New Year between Thursday 20th December and Sunday 13th January but we can be contacted by email at penshurstmensshedinc@gmail.com or mtrousenewsletter@gmail.com.

The Shed is open

Monday, Wednesday & Saturday 10.00am - 4.00pm Tuesday Social Afternoon 2.00pm - 5.00pm.



See you in the New Year.



Bet 365 Penshurst Cup. BOXING DAY 2018

Seven race program, including the \$25,000 Penshurst Cup

Free Children's activities and entertainment

Fashions on the field

Live music

Marquee and umbrella entertainment options available in the prime home straight location

Memberships available: \$30.00

Payment options: Post Cheque to P&DRC, P.O. Box 40, Penshurst 3289, please include your name & address so as your cards can be posted.

EFT Payment to BSB 633000 A/C No. 146785365 email your payment details

to: bkelly@kellysgroup.com.au

Pay in person by calling at Kelly's Mitre 10, Bell Street, Penshurst

Your membership entitles you to your Members pass and 1 Guest pass.

Simply present your pass to gate staff and bypass the admission queue.

In addition to your admission to the course your Membership provides you access to the Members bar and enclosure, located close to all the action.

You can also access the Members Car Park Area where you can park on the home straight, have a picnic and relax after Christmas (a reminder that no shade structures are allowed trackside).

Any questions or queries contact:

Brendan Kelly,

Secretary,

Penshurst & District Racing Club – phone 0419444549.

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MT ROUSE NEWS & VIEWS



ABN 35 622 662 815

Committee of Management:

Ama Cooke - President 0402 870 738

Mark Dalla Costa – Secretary Mary Stewart
Vice President – Tom Cooke Nigel Pyne
Treasurer – Margorie Dalla Costa Don Adamson

There are new faces in Advance Penshurst Inc who had their inaugural Community meeting on the 5th December at the VDC. There was a lot on the Agenda as we work our way into a better understanding of the projects of the past and our ideas for the future.

A few of the items discussed on the night were the updating of the Community Plan, the move of the Association base from the VDC building to the Hall, and the Association change of name. The community will hear more on that in the new year.

Friends of the Botanic Gardens

I apologise to the folk who do not have the internet, but it would be worth your while to visit this interesting web site which Gary Starr and the AP 'Friends of the Botanic Gardens' subcommittee have created to showcase the Penshurst Botanic Gardens.

https://plus.google.com/u/0/communities/115307148904044497927



One of the photos from the site shows the gazebo as a point of reflection.

Australia Day

... is rolling around quickly and will be in the Gardens again this year. Our guest speaker is Peter Cooke, who will be bringing his guitar. The Lion's Club will have their usual great breakfast and there will be flags and games. It commences at 8.30am and everyone is welcome.

An important part of our Australia Day celebration is the recognition of our **Penshurst Citizen of**

the Year. You'll find a nomination form attached to this newsletter. Who do you consider deserves to be recognised for their hard work and dedication to the town and its residents? Fill in a nomination form and drop it to the Penshurst Newsagent & Takeaway before 10th January 2019.

CFA Presentation at the Mens Shed, Cobb Street.

On Saturday 15th December at 10.45 for an **11.00am start**, the CFA will be at the Penshurst Mens Shed to give us a presentation on **Fire Preparedness**. Given the fires we just experienced it would be good for both long term and new citizens to attend and refresh themselves on this important issue.

The Advance Penshurst Association wishes everyone a happy, healthy and prosperous Christmas & New Year.



Café & Reading Room 110 Bell Street Penshurst

Come in and check out our delicious lunch menu

Open Thursday to Sunday

Try our
Coffee & Tea
Cool drinks

And New

Lindt Hot Chocolate

Café Menu All day breakfasts

Eggs - Scrambled, Fried, Boiled or Poached

Sides - Spinach, Bacon, Mushrooms or Tomato

Spinach & Cheese Omelets

Toasted Sandwiches

Bacon & Egg, Ham, Cheese, Tomato or

Fruit Toast

Or keep it simple

combinations

Toast with Jam, Vegemite, Cheese, Marmalade

Lunch

Turkish Bread with brie, chicken, tomato relish, aioli & sundried tomatoes

Croissant with jam or toasted with ham & cheese

All home made

Morning & Afternoon Tea

Apple Turnovers

Apple Cinnamon Custard Cake

Spiced Apple Cake

Apple & Sultana Muffins

Chocolate Cake

Almond Cake (Gluten Free)

Lemon Cheesecake

WORKS COMMENCE TO REPLACE MT ROUSE STEPS

Construction of new steps to the pinnacle of Mt Rouse in Penshurst will commence next week. Council advise that there will be no access to the summit during the work, expected to be completed by late January 2019.

The existing red gum steps at Mt Rouse were identified as a safety issue due to being uneven and dangerously steep, as well as their extensive deterioration over time. It was subsequently identified that the existing hand rail had become loose and that a more secure alternative was needed.

The upgraded stairs and viewing platform designed will reduce the risk to visitors of Mt Rouse by eliminating hazards posed by the existing steps and providing a safe and secure replacement, made from a combination of recycled plastic material and galvanised steel.

The design of the steps also allows for resting areas and space for passing and includes a new viewing platform at the top, vastly improving the visitor experience.

The pinnacle of Mt Rouse provides tourists and locals with one of the most spectacular views in south west Victoria. With its 360 degree view of the region, the summit is visited by more than 15,000 visitors a year and is a key experience of the Kanawinka Geopark. The site is often included in group tours with 30+ visitors walking the summit at any time. Mount Rouse is also a well promoted stop off for those travelling the internationally renowned Great Southern Touring Route.

Council's Manager Assets StJohn Lees said the project is an important one, particularly to the Penshurst community.

"The Penshurst community and the Progress Association identified this project as a priority some time ago. Unfortunately it has taken us some time to get the solution right and we thank the community for their patience over this time. We are confident that the plans we now have in place will not only provide much greater safety, but also a superior visitor experience for the thousands who come to Mt Rouse each year," Mr Lees said.

The tender for the works was awarded to EBAZ Pty Ltd for \$114,000 and construction of the new stairs and platforms began offsite in October.

Demolition of the existing staircase will commence from next week (10 December) and construction is expected to be complete by the end of January. While there will be no access to the summit for visitors throughout construction, emergency services will be provided admittance as necessary.



MT ROUSE News & VIEWS



Penshurst Mens Shed Inc

Will be sizzling sausages on

Saturday 22nd & Saturday 29th March 2018

Raising funds for our many

projects planned for next year.

10.00am - 1.00pm

Woolworths Hamilton

We hope to see you there.



Fire Preparedness Meeting

Members of the CFA will be making a Presentation at the Mens Shed, Cobb Street on Saturday 15th December at 10.45 for an **11.00am start** to give us a presentation on **Fire Preparedness**. Given the fires we just experienced it would be good for both long term and new citizens to attend and refresh their knowledge on this important issue.







years,

Post Offices have changed in many ways over the now offering a wide variety of products and services.

Did you know you can deposit & withdraw with all major banks and Credit Unions at Penshurst Post Office

Also

Passports & Passport Photos, Working with Children Applications
Post Office Boxes available – To keep your mail safe
Overseas Money - Commission free, Money orders
Western Union Money Transfer
Gifts for all occasions and ages – GREAT PRICES
Quality Cards & Wrapping Paper, Darrell Lea Chocolates
AND MUCH MORE

Monday – Friday 9am to 5pm

A PAGE TO SHARE RECIPES

The following recipes were submitted by a reader this week.

Easy Traditional Shortbread

250g butter at room temperature, chopped, 125g icing sugar, 350g plain flour

METHOD

Step 1: Preheat the oven to 180 C.

Step 2: Sift the plain flour and the icing sugar into one bowl. Add the chopped butter. Using your hands, mix the butter, flour and icing sugar together. The ingredients will soon come together and make a good dough.

Step 3: You will need to flour a board and cover the dough in plenty of flour otherwise it can be very sticky. Add more flour as needed. Use a cookie cutter to cut out your biscuits and place them on a greased oven tray. Note: Christmas cookie cutters allow for festive biscuit shapes.

Step 4: Bake for 15 to 20 minutes or until golden.

Strawberry Santas

Fresh strawberries, vanilla icing, black icing gel Knife, paper towel, piping bag with small, round tip

- 1. Rinse the strawberries and cut off the leaves (discard)
- 2. Cut the pointed end off of each strawberry. Place the newly cut edge down on a clean napkin. The napkin will absorb the fresh strawberry juice, which is what you want.
- 3. The "body" of Santa needs to be quickly dabbed on a fresh paper towel as well. The extra juice will cause the icing to slide. By letting the paper towel absorb the fresh strawberry juice, the icing will stay in place better.



- 4. Put vanilla icing in a piping bag (or in a zip lock bag and cut the corner off).
- 5. Gently swirl some vanilla icing on the top of the body.
- 6. Place the "Santa hat" (or the strawberry tip) on top of the icing.
- 7. Add a dab of icing on top of his hat. Next carefully add two eyes with black gel icing.





IAN OVERALL MOWING AND GARDENING

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PLACES OF INTEREST IN PENSHURST

Volcanoes Discovery Centre www.penshurstvolcano.org.au

Yatmerone Wildlife Reserve Ritchie St Penshurst

Botanic Gardens Chesswas St Penshurst

Caravan Park Cox Street Penshurst

For Bookings phone (03) 5576 5220

24 Hr Fuel 91A Bell Street Penshurst

"Black Door" Art, Antiques

& Collectables Bell Street Penshurst

Penshurst Memorial Hall

Gaudenzi Wine Bar

To hire the Hall please contact the booking agent, Thomas Cooke 0488 557 345 or Email penshurstmemorialhall@gmail.com. Contact Tom Cooke for key collection.

Daily charges for Hall hire:

· Supper Room or Kitchen \$50 · Main Hall \$150 · Entire Venue \$250

Conditions apply

If there's a single lesson that life teaches us, it's that wishing doesn't make it so. **Lev Grossman**Care about what other people think and you will always be their prisoner. **Lao Tzu**

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PENSHURST BOWLS NEWS

So far this year we are fortunate to have 3 pennant teams, midweek on Friday's. These teams mainly comprise our lady members but they are ably assisted by some men as required, in Division 3. Saturday Pennant is usually filled with our men members, in Division 1 & Division 4. During November we also ran two tournaments with visiting clubs participating. We have only been able to fill 12 rinks with each tournament which is rather disappointing as we can have 16 teams, but it seems to be harder to fill tournaments.

The pennant teams are going along with mixed results, the Ladies on Friday are in top position at present with one game to play. The finals start on 14th December, so wish us luck .The Saturday pennant finishes on the 8th December, re- commencing on the 12th January until 9th February when they will play off their finals. At this stage neither team is in the top four, but still they are competitive.

Club Events: The ladies have played their Championship and the winner was Jenni Kinnealy, our Congratulations to Jenni. The men are still playing their championship rounds, so watch this space. David Cook won the 100up, so Congratulations to David. The club also run a Corporate Cup in January and February for 5 weeks, starting Friday 18th January at 6pm. This is open to all members of the community, so get a team of 3 to play each week, it's a lot of fun for all, and is followed by BBQ. Names can be left at the club or the Penshurst Newsagency from now on. That's about all the news for now, good bowling to all.

Grab your Takeaway and extras from Josh & Tracy Hewitt at the

Penshurst Newsagency & Takeaway

86 Bell Street Penshurst 5576 5330 ABN 62624156010

All Day Breakfast, Egg & Bacon Rolls, Home-made cakes & slices Mahalia Coffee, Fresh Bread, Milk, Meat and soft drinks. Fresh battered Fish, Dim Sims, Hot Chips and much more.

Try the specials – Chicken Parma, \$15.00, Souvlakis (Lamb or Chicken), Fish & Chips with salad \$10.00

NEW - Chicken & Seafood (served with chips & salad) \$18.00

Hamburgers, Chicken Chilli Burgers, Steak Sangas, Chicken Schnitzel Burgers

Check our board for weekly specials!

Opening hours

6am – 7pm Monday – Thursday

7am - 8pm Friday, 7am – 8pm Saturday

8am – 7pm Sunday

Please phone late orders 15 minutes prior to closing, thank you.

The Mount Rouse Puzzler 9

ACROSS

- 2 song of country
- 6 belong
- 8 move towards
- 12 problem or the next
- 14 a special birthday
- 15 detailed location
- 16 game, crush, vegetable
- 17 untangling
- 18 from one to another
- 19 thought before act

DOWN

- 1 a new beginning
- 3 solve, in a way
- 4 an uplifted mood
- 5 explicit or emphatic statement
- 7 decision or solution
- 9 a gift to be earned
- 10 the first act after thought
- 11 between here and there
- 13 a song, poem or story
- 14 verify or chess move

Answers to last fortnight's crossword

Across - 5 Minnow, 9 Roundabout, 10 Classic, 11 Rote, 12 Merry, 14 Engine, 15 Reflex, 17 Decision, 18 Window, 19 Elbow

Down - 1 Jumbuck, 2 Miracle, 3 Warthog, 4 Statement, 6 Waltz, 7 Exchange, 8 Submarine, 12 Magic, 16 Excel, 13 Yellow

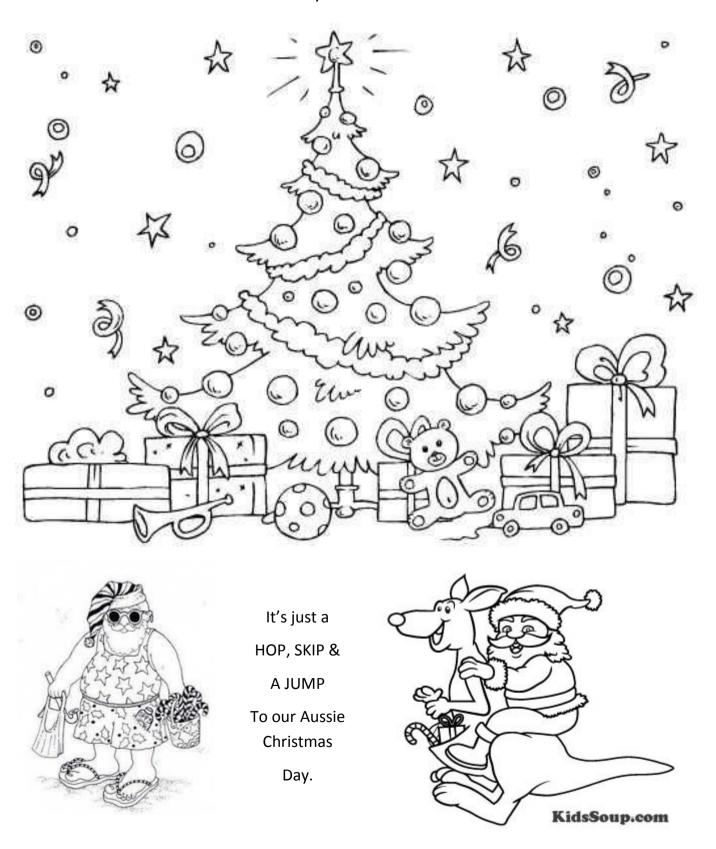
Crossword solution will be included in our next issue

A quick extra - answer next fortnight

My first is in little, but not in stand. What am I? Light

PAGE 13 MT ROUSE NEWS & VIEWS A PAGE FOR THE CHILDREN

C is for Christmas, a tradition with a 2000 year old foundation, and a time to be loving and caring for others. As you colour the picture remember to be thankful that we live in a safe and wonderful country.



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MONTHLY MEETING DATES

- Book Club, 2nd Wednesday each month at Senor Citizen club rooms.
- Caramut & District Garden Club, 2nd Tuesday monthly at 10 am. See Garden Notes for venue.
- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Courthouse open 1st Saturday each month 9.30 am to 1230 pm.
- Friends Yatmerone Reserve, 2nd
 Tuesday each month at Volcano Centre
 7.30 pm. New members welcome.
- Indoor bowls 2 pm every Monday at Senior Citizens. All Welcome.
- Lions, 1st & 3rd Tuesday each month at 8 pm.
- Mt Rouse & District Historical Society, 4th Sunday in January, March, May, July, September and November, 2pm at Court House. Phone 557 12145.
- Penshurst Bowls Club, 1st Tuesday each month at 7.30 pm.

- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room, Penshurst Hospital at 1.30 pm.
- Penshurst Playgroup meets every Monday morning 9.10 am—11.30 am at the pre-school in Watton street. Everyone most welcome. (No playgroup in School holidays)
- Penshurst Pony Club rally, 1st Sunday each month.
- Penshurst Senior Citizens meet last Tuesday monthly, 4 pm at club rooms in Bell Street. Novelty Bingo, last Tuesday of month Feb—Nov at 2.15 pm. Cards & social afternoon, 2nd Wednesday monthly at 2pm
- Penshurst Urban Fire Brigade, 2nd Monday monthly at fire station.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 4 pm at Hospital.
- RSL meets 1st Thursday of February, April, July & October at 6.30 pm at RSL Hall, Ritchie Street.

Would you like your group listed here, contact Mark on 0409192612 or email

mtrousenewsletter@gmail.com

Upcoming Events in Penshurst

14th December 2018 Penshurst Christmas Market 5.30pm

26th December Boxing Day Races at Penshurst Racecourse 11.00am

26th January Australia Day Penshurst Botanic Gardens

22nd—24th March Penshurst Art Exhibition @ Penshurst Memorial Hall





We welcome contributions to all sections of our Newsletter. Any suggestions for things you would like included please send to the Editor at:

mtrousenewsletter@gmail.com

Dunkeld & District Community Bank® Branch





Dunkeld & District Community Bank® Branch

2018 WRAP

We've had a very busy and rewarding 2018 and continue to provide outstanding service and products. We were pleased to announce payment of our first shareholder dividend, rewarding long-standing support from all our shareholders. Without your support our branch would not exist, and our local communities would not have a locally owned Community Bank® providing banking services, local employment and funds to community projects. Thanks to our customers, we have reached a milestone of over \$200,000 in Community Investments. This enormous contribution has funded many community groups, schools and sporting clubs. If you belong to a community organisation or sporting body and have a worthwhile initiative that needs financial assistance, consider applying for a Community

Your choice to support our local Dunkeld and District Community Bank® is making a real difference in our communities.

Investment Grant.



Above: Staff Susan Tully, Carly Behncke, Louise Field and Branch Manager Anna Watson.

Merry Christmas. From all of us at Dunkeld & District Community Bank® Branch, best wishes for the holiday season and thank you

for your loyalty and support.



Community Investments

We as a Community Bank® branch are proud to be a part of helping our communities grow.
Here are some of the groups

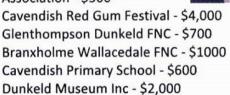




Mt Rouse Fire Brigade - \$1,000 Lions - \$2,500 Grampians Golf Club Inc - \$350

Glenthompson Community Association - \$500

Penshurst FNC - \$700
Penshurst Bowls Club - \$500
Penshurst Mens Shed - \$499
Peaks & Trails - \$875
Three Peaks Festival - \$875
Cavendish & District Tennis
Association - \$500











LETTERS TO THE EDITOR

In this section we welcome your comments and views. If you have good news or a burning issue please send a letter to the Editor at :

mtrousenewsletter@gmail.com.

The Editor reserves the right to decide on which letters will be published and whether to precis longer submissions.

Riddles

- What tastes better than it smells?
- 2. What is brown and sticky?
- 3. What goes in the water black and comes out red?
- 4. What loses its head in the morning and gets it back at night?
- 5. What can you catch but not throw?
- 6. When is homework not homework?
- 7. During what month do people sleep the least?

Answers to last fortnight's riddles:

- 1. There are more Chinese men than Japanese men.
- 2. 'normal', I would not like 10 fingers on one hand.
- 3. Are you dead?
- 4. Lunch and Dinner.
- 5. A coat of paint.
- 6. An anchor.
- 7. An envelope.



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Email: mtrousenewsletter@gmail.com

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Mandy's Hair Design

80A BELL ST PENSHURST

Bookings by appointment

For appointments please ring

Mobile: 0417 511 177 Thankyou

Mobile Library

Internet, audio books, dvd's, fiction & non-fiction, children's section,

If we don't have it we can get it free!

It currently visits Penshurst every
THURSDAY FORTNIGHT

3.00 to 4.00 pm outside the Hall in Martin St



The Mobile will not operate on extreme and Code Red fire declared days.

Phone 5573 0470

Www.sthgrampians.vic.gov.au/library

CHRISTOPHER COOK CONSTRUCTIONS

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ADVERTISING RATES (Per Issue)

Full page \$20 **1/2** page \$10

1/4 page \$5 Business Card \$3

TAIL END TALES

Coming to the end of a long year

At the present moment I am nibbling my way through a bag of lollies that Santa gave me at last night's 'Combined Churches Christmas Carols'. We ran out of chairs, at least 300 people of all ages gathered in the Memorial Hall, to sing our hearts out listening to the music of Tarrington Brass Band and the singing of the Tabor Men's Choir, Peter Cooke and the children from St Joseph's Primary School and Tarrington Lutheran School. The Christmas story was shared with us by leaders from the Catholic, Anglican, Lutheran and Uniting churches. What an amazing experience, with a history stretching back fifty-five years. The offering, a gift to the Penshurst Hospital Campus, totalled \$788.

Each year the Christmas Carols Committee arrive at the Hall bearing the Christmas tree, various decorations, and some rocks. I've been told the tree has a habit of leaning slightly to one side, but it was not the tilt, but the beauty of it, and the smiles on all the faces of those who set up the Hall for the night, that really brought Christmas back to me. Some of the Christmas Carols crew pictured are Gwen Rentsch, Janet & Scotty Kelly, Helen Brown, Shirley Kruger, Glenis Linke and Nevil Kruger. We have a great deal to thank them for.









The Committee and Members of the Penshurst Mens Shed would like to thank everyone in Penshurst and our surrounding towns for their interest and support of our continuing work in developing our organisation, expanding the building and with our projects around the town.

Wishing everyone a wonderful Christmas and a Happy New Year. See you in 2019.